

SRCP STUDENTS PROVIDED PHYSIOTHERAPY SERVICE IN INDEPENDENCE DAY RUN TAPI 10K

13 students of Shrimad Rajchandra College of Physiotherapy volunteered in **“Independence Day Run Tapi 10K”** on 15th August, 2023. More than 700 athletes from all over the country participated in different categories such as 1km, 3km, 5km, 7km, 10km & Relay race. Our physiotherapy team along with Ashutosh hospital treated various musculoskeletal injuries such as shin pain, calf muscle cramp, hamstring muscle strain, back muscle spasm, etc. More than 50 runners were given physiotherapy treatment during and after the event. It was really a great experience for students in terms of treating on-field running injuries. SRCP is thankful to the medical partner Ashutosh Hospital for providing us this opportunity to work and we are also grateful to the organizers of this event for providing all the necessary support before, during and after the event.